

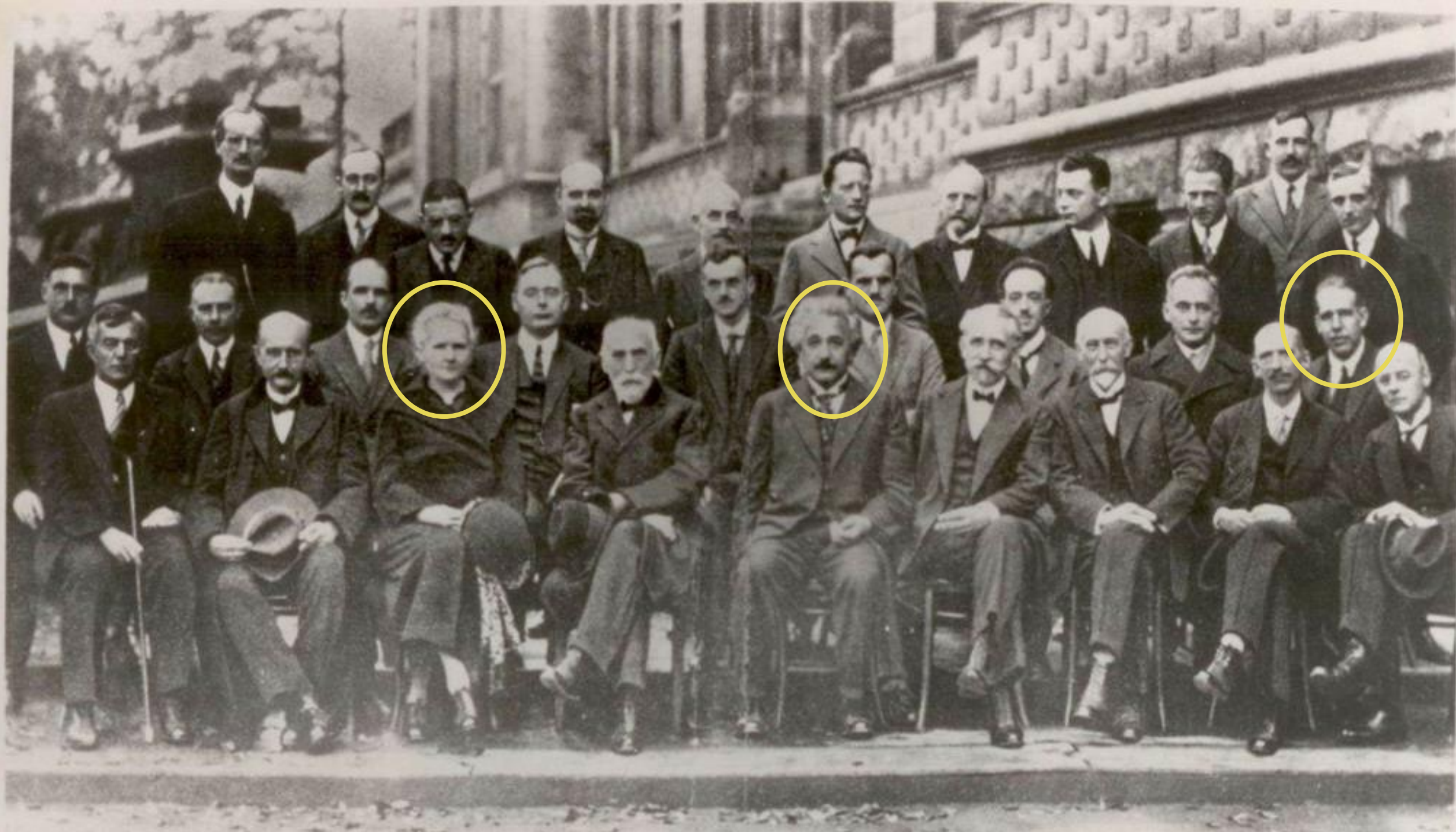
Cultivating Connections

Lead through Change and Build Relationships that Matter



Dream.
Dare.
Lead.

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Connecting with others and building powerful relationships is a skill





for which
relation or from a
point of view.

Unstoppable [ˈʌnˈs
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that is th

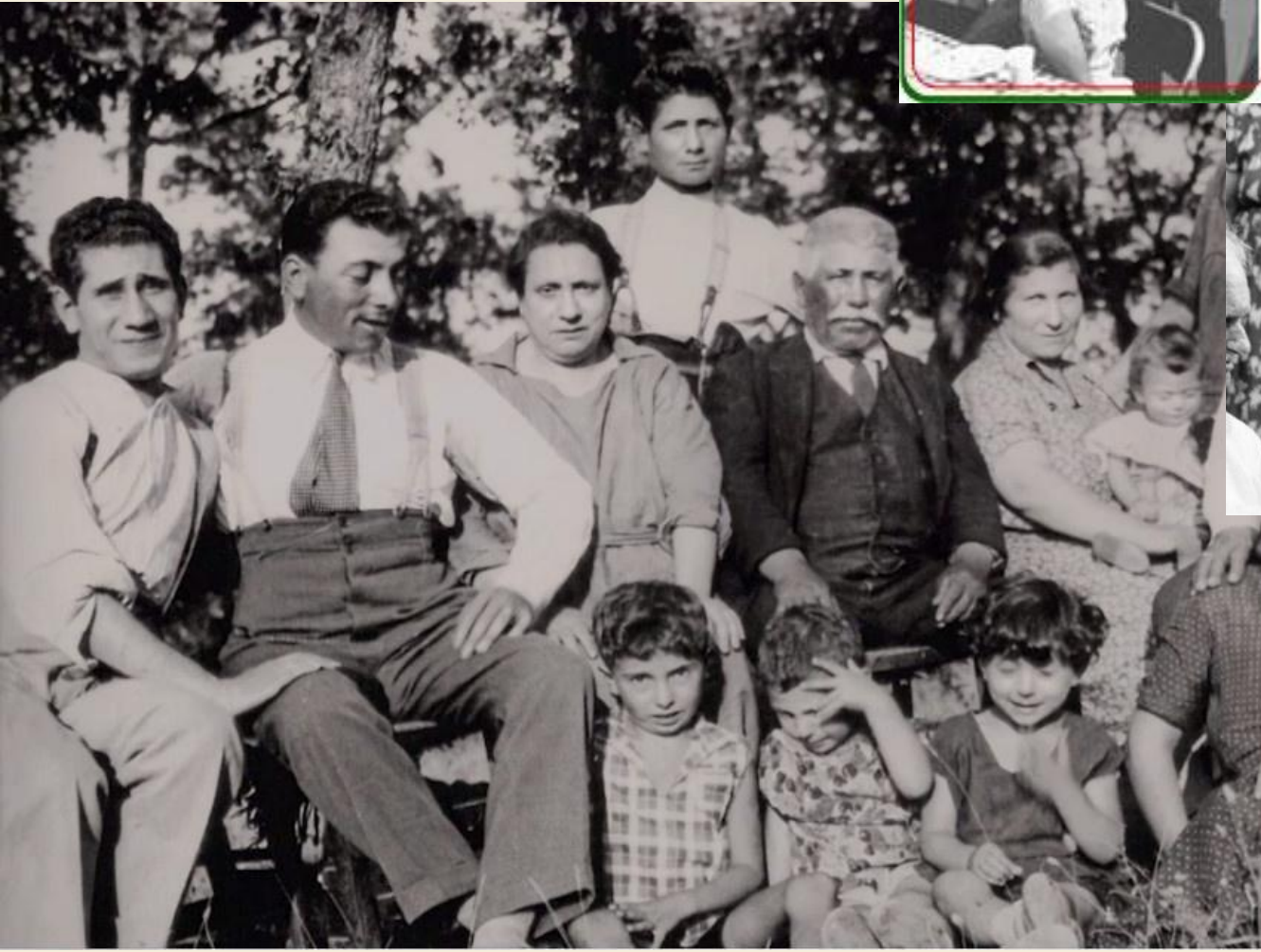
Welcome to Roseto



Inc. 1912

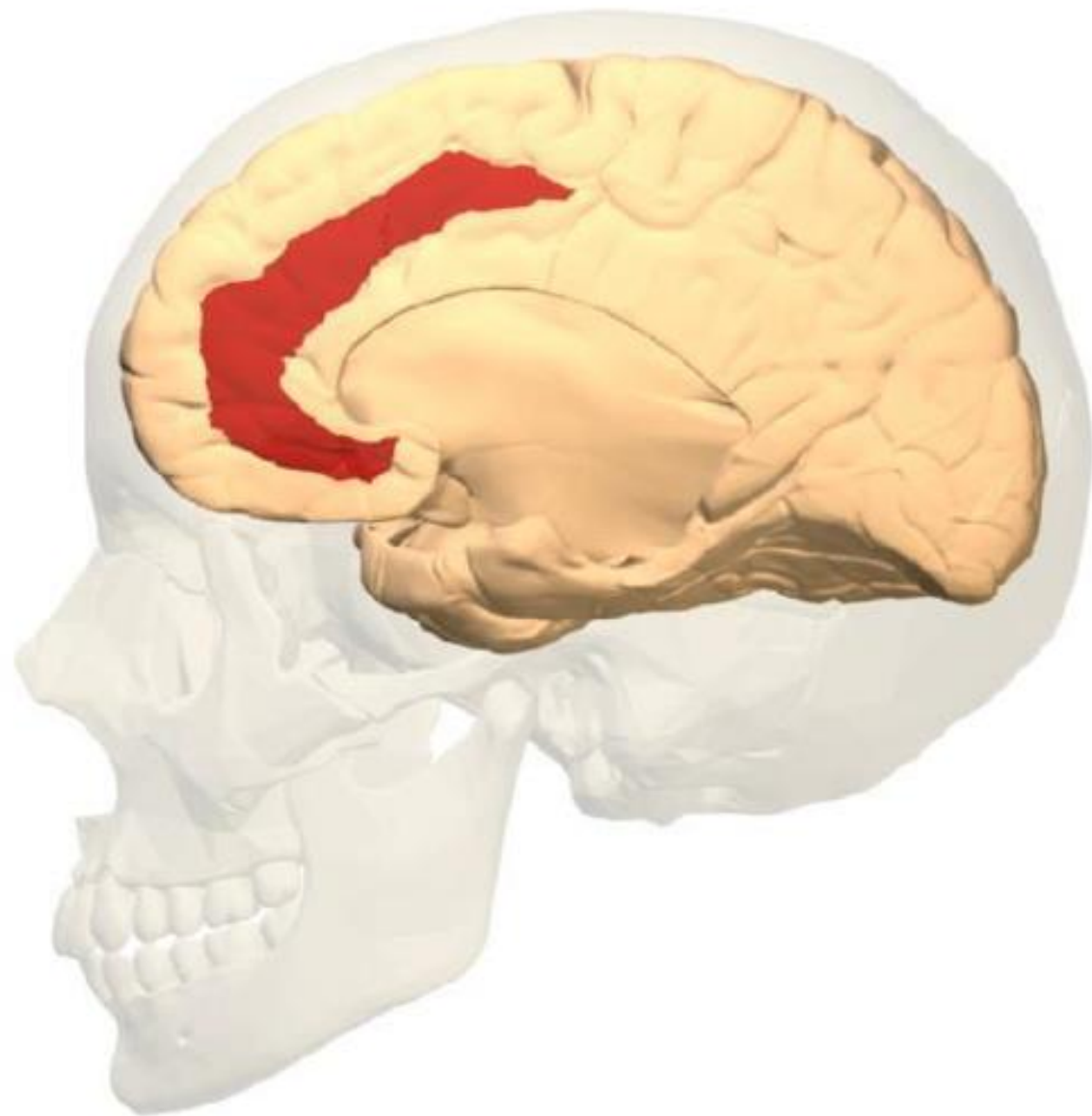






The Roseto Effect

The high quality of connections and interpersonal relationships was the key to their long, happy lives



Social

Why Our Brains Are
Wired to Connect

Matthew D. Lieberman

"A brilliant and beautiful exploration of how and why we are wired together,
by one of the field's most prescient pioneers." —DANIEL GILBERT,
professor, Harvard University, and bestselling author of *Stumbling on Happiness*



A hand holding a white smartphone with the text "Wake Up!" on the screen, positioned next to a white cup of coffee. The background is a plain, light gray surface.

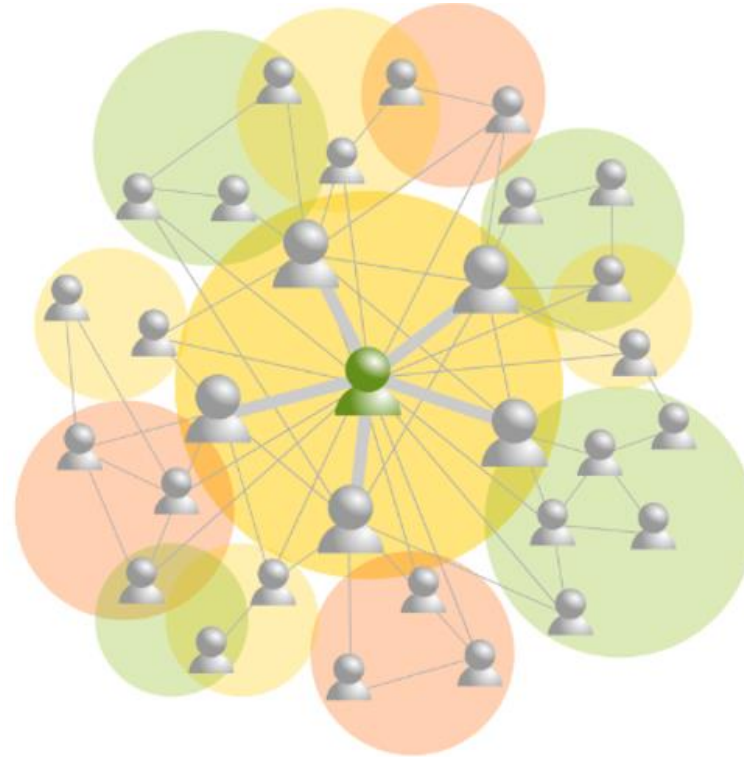
Wake
Up!

The Power of Weak Ties

Strong Ties

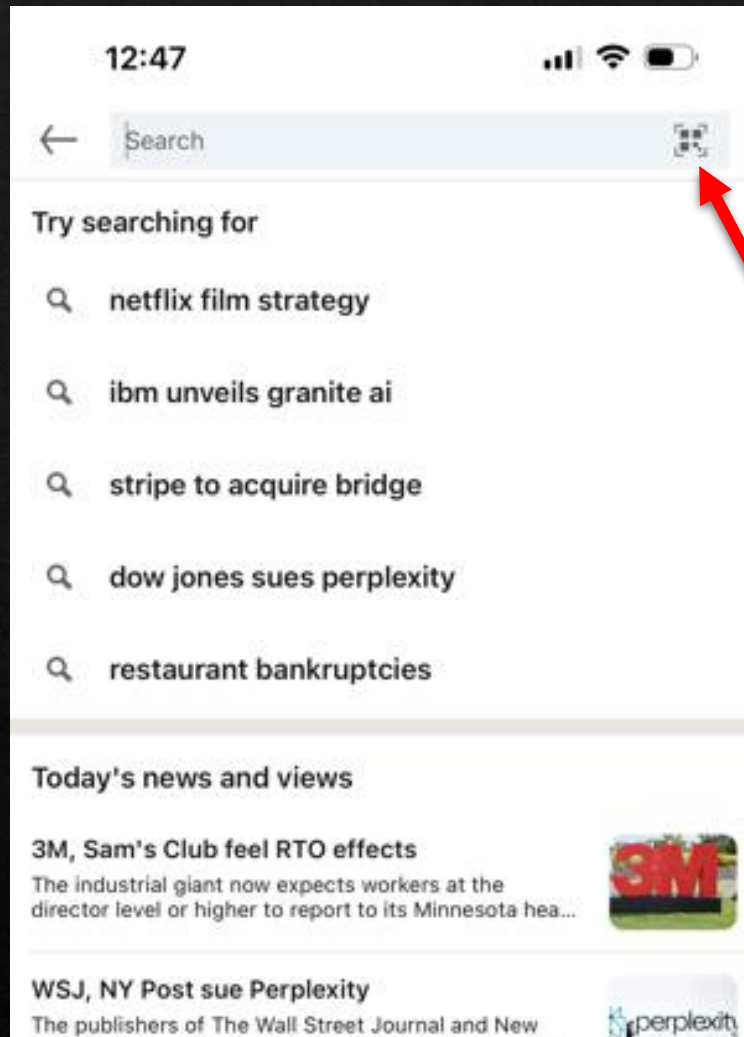


Weak Ties

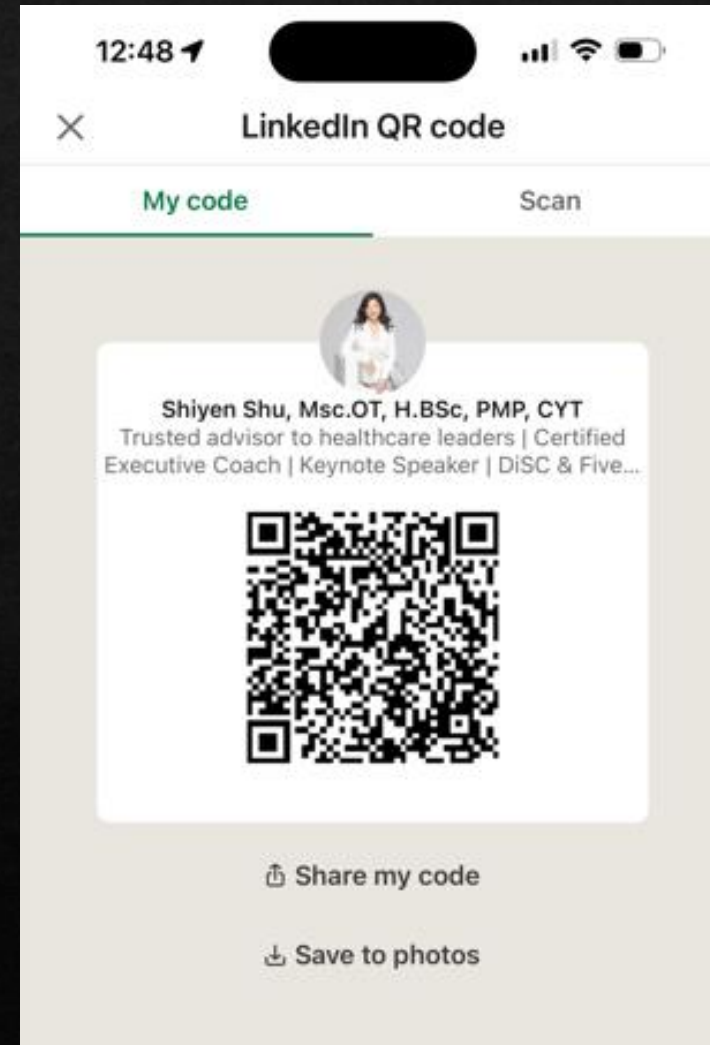


- 84% of people got their job through weak-tie relationships
- Who you know governs how effectively you can apply what you know

Let's Connect...



Click here to
get your own
QR code





We want more networking opportunities! But...



You can fool the whole world,
down the highway of years,
and take pats on the back as
you pass.

But your final reward will be
heartache and tears
if you've cheated the man in
the glass.

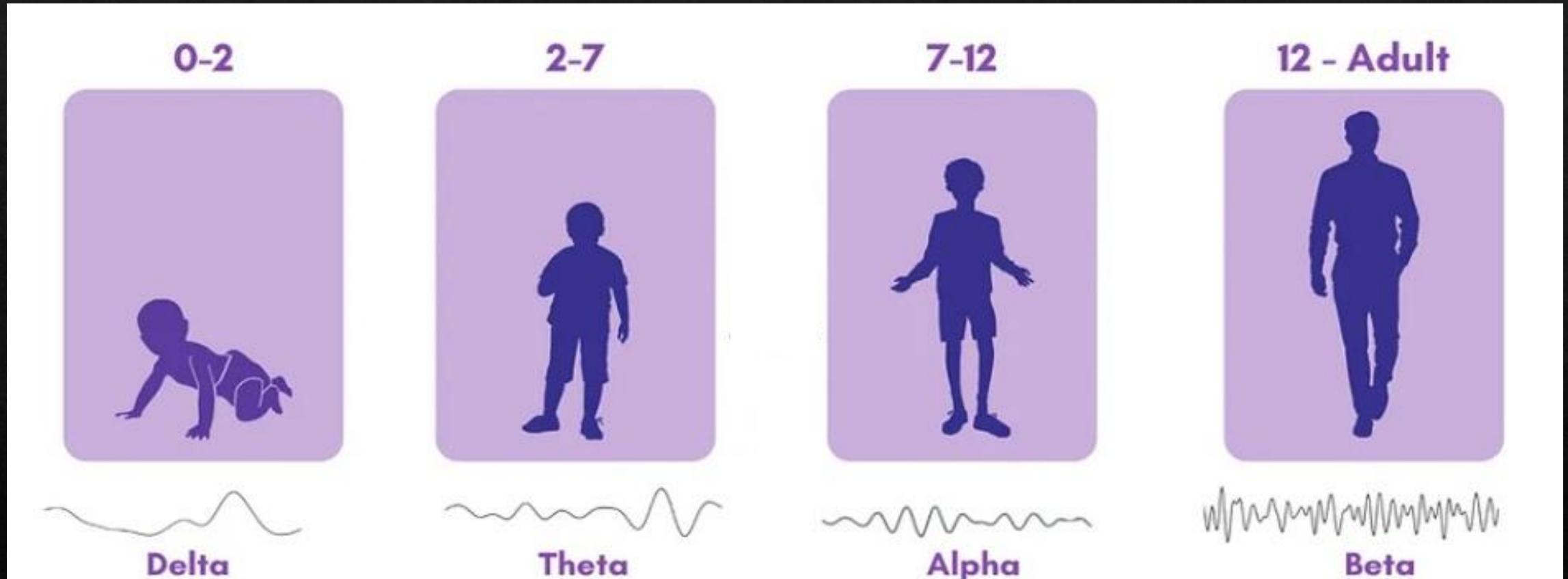
- Dale Wimbrow in the Guy in the Glass



Every strength when overused,
becomes a weakness

Your biggest hurdles are not the
external forces
but the limitations,
you impose on yourself

Human Brain Waves



Unconscious
0.5 Hz - 4 Hz

Imagination,
Deep hynosis
4 Hz - 8 Hz

Calm Conscious,
Creativity/Flow State
8 Hz - 12Hz

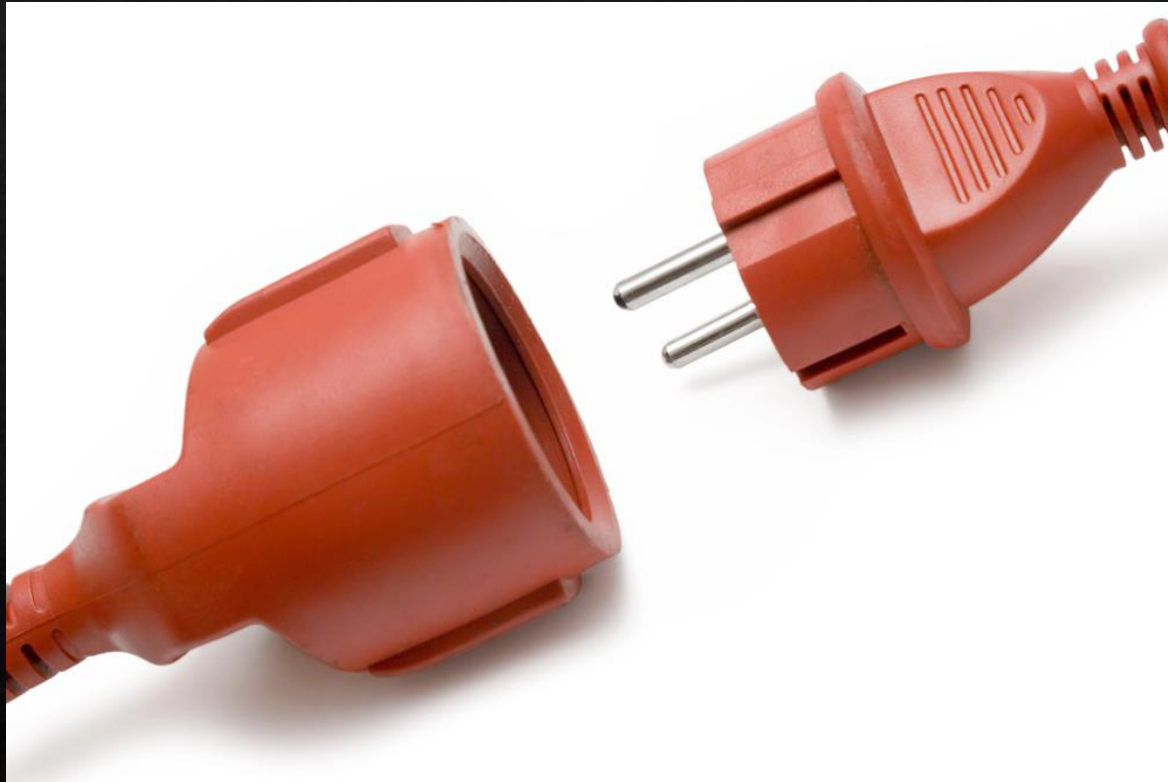
Active Conscious,
Normal waking state
12 Hz - 35 Hz

You get to keep the
limitations you fight for.





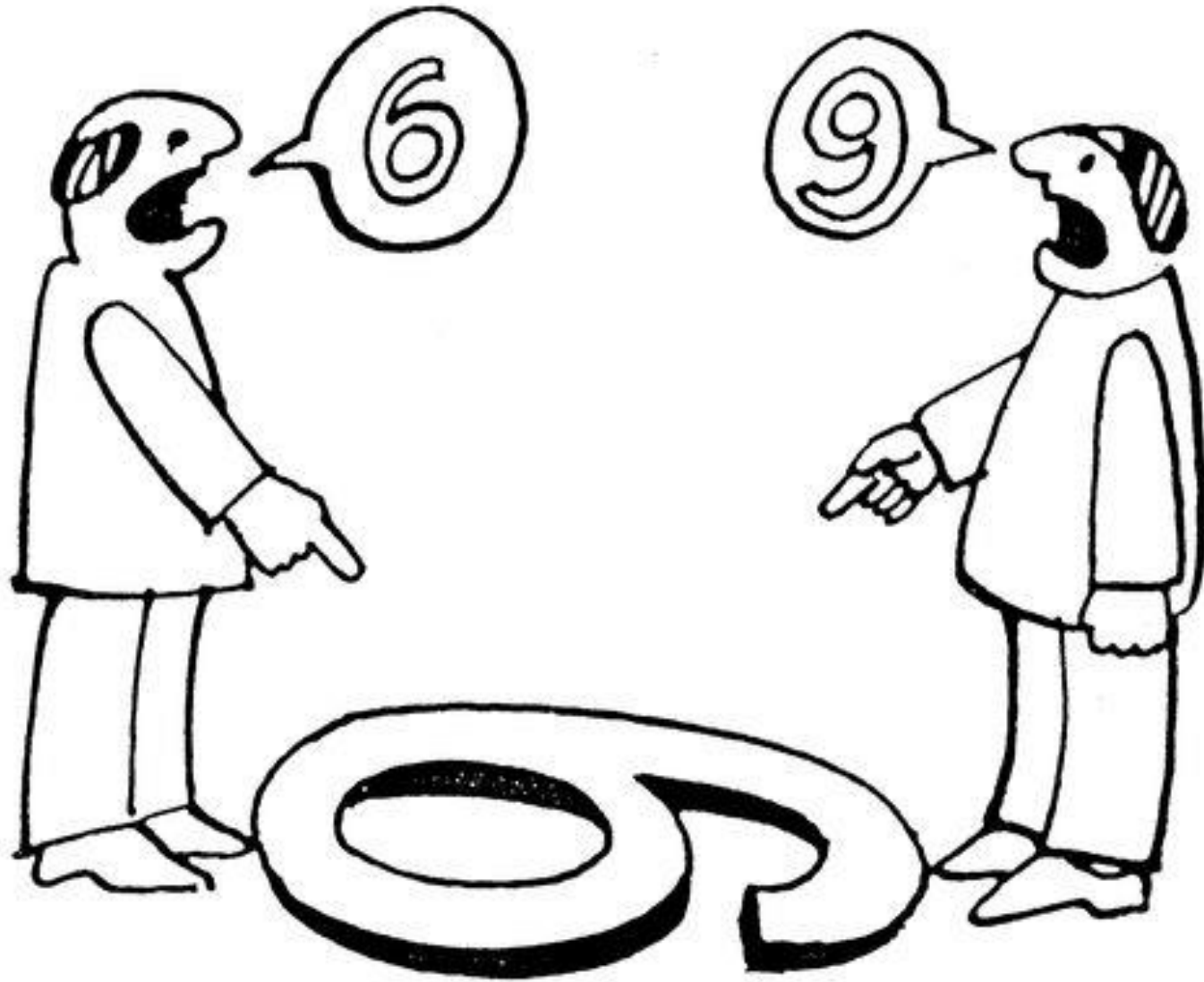
What are some of your programmed beliefs ?
About connecting with others?
Are those beliefs serving your goals and dreams?



THIS IS
THE SIGN
YOU'VE BEEN
LOOKING FOR



It starts with one decision.
The time is now.
The power is within you.
The choice is yours.
But it lies on the other side of your
comfort zone.



“When you change
the way you look at
things, the things you
look at change.”

– Dr. Wayne Dyer

PhD in Effective Networking



1. Plan

- ◇ Why are you attending?
- ◇ What do you want to achieve?
- ◇ Who do you want to meet?

2. Homework

- ◇ Research those you want to connect with
- ◇ Practice your introduction

3. Dance with many partners

- ◇ Establish a goal of meeting 2/3/5/10 people
- ◇ Reconnect and follow up

How to CONNECT with others

- ◇ Choice : Decide you want to get better
- ◇ Open self : Let your guard down
- ◇ N & N : Two ears to listen
- ◇ Energy shift : From I to you
- ◇ Common ground : as humans
- ◇ Thank : Offer help or serve



Let's practice

- ◇ Pick one behaviour to improve
- ◇ Find a partner and introduce yourself
- ◇ Share behaviour - ask for one suggestion for improvement
- ◇ Listen without talking
- ◇ Say “Thank you”
- ◇ Partner does the same
- ◇ Find new partner
- ◇ Repeat the process with as many people as possible





“If we all did the things we are really capable of doing,
we would literally astonish ourselves.”

– Thomas Edison

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Or go to

<https://talk.ac/shiyenshu>

and enter this code when prompted

SNO